#### **Patient Reminder Checklist**



No intercourse for 48 hours before exam.



No vaginal medication, personal lubricants or douching 48 hours before exam.



Schedule appointment 2 weeks after first day of the patient's last menstrual period.

Patients who have had a hysterectomy, are older than 65 or who have had chemotherapy may be atrophic and therefore require special consideration when it comes to their cervical care.7



and best practices for Pap collection.

Hologic provides this collection procedure guide as a general informational tool only; it is not an affirmative instruction or guarantee of performance. It is the sole responsibility of the clinician to read and understand the appropriate package insert and comply with applicable local, state and federal rules and regulations.

References 1. Eversole GM, et al. Practices of Participants in the College of American Pathologists Interlaboratory Comparison Program in Cervicovaginal Cytology, 2006. Arch Pathol Lab Med. 2010;134(3);331-335. **2.** Ransdell JS, et al. Clinicopathologic Correlation of the Unsatisfactory Papanicolaou Smear. *Cancer.* 1997; 81(3);139-143. **3.** Nygård JF, et al. Clin 2/3 and cervical cancer in an organised screening programme after an unsatisfactory or a normal Pap smear: A seven-year prospective study of the Norwegian population-based screening programme. *J Med Screen.* 2004; 11(2):70-76. **4.** Clinical and Laboratory Standards Institute. Cervicovaginal Cytology Based on the Papanicolaou Technique; Approved Guideline – Third Edition. CLSI. GPI5-A3. 2008;28(28). **5.** ACOG Practice Bulletin. Screening for Cervical Cancer, 2012; No. 131. **6.** ThinPrep Pap Test Quick Reference Guide. #DS-05867. Marlborough, MA: Hologic, Inc.; 2017. **7.** ACOG Practice Bulletin. Clinical Management Guidelines for Obstetrician-Gynecologists, 2016; No. 168.

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**Maximize the power of the Pap** by following these navigational tips for proper collection and improved patient care.





### **Exploring Unsatisfactory Results**

Approximately 1-2% of all Pap tests, regardless of testing method, will be returned as an UNSAT.<sup>1</sup>

- ▶ An UNSAT can be a sign of an increased risk of an underlying disease.²
- ▶ High-risk populations tend to have higher UNSAT rates.³

26%

Unsatisfactory specimens from patients with ASCUS or SIL<sup>2</sup> Up 4

Greater risk of CIN2/3 than normal Pap<sup>3</sup> Excessive amounts of noncellular material (blood, mucus or lubricant) can interfere with the collection process and potentially cause an UNSAT.



### **Exploring Menses**

The Pap should never be collected during menses since the presence of blood can be diagnostic.

- ► Collection during menses is discouraged, per societal guidelines.<sup>4</sup>
- ▶ No Pap test is validated for collection during menses.



# **Exploring Lubricant**

Excessive lubricant use interferes with sample adequacy.<sup>5</sup>

- ► Avoid carbomer lubricants.
- ▶ Only use a dime-sized amount.
- ▶ Personal lubricant use impedes proper sampling.

## A Map to Success with the ThinPrep® Pap Test





